1. **Blessed with every spiritual blessing in Christ**
   a) Ephesians 1:3-6 What blessings are ours through Jesus Christ our Savior and Lord?
   b) What does Paul mean when he says we have been chosen in Christ “before the foundation of the world”? Ephesians 1:4
   c) The expression “in heavenly places” appears multiple times in Paul’s letter to the Ephesians. What various meanings are implied? Ephesians 1:3, 20, 2:6, 3:10, 6:12.

2. **Redeemed through the blood of Christ**
   a) Ephesians 1:7 What thoughts come to your mind when you hear the word “redemption”? (See also Titus 2:13-14)
   b) How was our redemption accomplished through the blood of Christ? Colossians 1:13-14, 19-20
   c) What is God’s ultimate desire for the human family? Ephesians 1:8-10
   d) How can we ensure that God’s redemption plan for our lives will be fulfilled? Romans 10:13, 1 John 5:11-13, etc.
   e) What is the best way to share this redemption plan with others?

3. **Called to live to the praise of His glory**
   a) Ephesians 1:11-18 Do the redeemed receive an inheritance from LORD or are they an inheritance for the LORD?
   b) Why is it vitally important to remember that an inheritance can never be earned? Ephesians 2:8-10
   c) How is it possible to live “to the praise of His glory” in response to His amazing grace? Matthew 5:14-16, John 8:12, Romans 12:1-2, etc.

4. **Sealed with the Holy Spirit of promise**
   a) What promises did Jesus make to His followers regarding the ministry of the Holy Spirit? John 14:15-18, 16:13, Acts 1:8
   b) According to the Apostle Paul, what steps did the Christians in Ephesus take before they were sealed with the Holy Spirit of promise? Ephesians 1:13
      i) Heard v.13 (See also Romans 10:14-17)
      ii) Believed/Trusted (See also Acts 16:31)
      iii) Sealed (Ephesians 4:30)
   c) How is the Holy Spirit the guarantee of our inheritance?
   d) If the first installment of our inheritance is glorious, what will it be like when we enter in through the gates into the Holy City and see Jesus face to face? Revelation 21:18-23